



HETTON DENTAL PRACTICE

84 Station Road
Hetton le Hole
Tyne and Wear
DH5 9JB
☎ (0191) 5262589

CARE AFTER IMMEDIATE DENTURES

Take care to follow instructions regarding extractions.

- It is important to leave the denture in place for the remainder of the day of the procedure.
- After breakfast the following morning, take the denture out and rinse the mouth with hot salty water, and clean the denture at the same time.
- Repeat this procedure after tea.
- The denture should be worn day and night for the first two weeks to allow it to 'bed-in', after which time it is advisable to leave the denture out at night.
- If the denture is not in the mouth, then steep it in a Milton or 'baby bottle' sterilising solution (NOT a household bleach).

Expect the denture to 'rub' a little causing sore spots on the gum. These can be treated by contacting your Dentist for the denture to be adjusted.

You have been fitted with an immediate type denture, which is an appliance which is fitted at the same time as the teeth are extracted.

These types of appliances are meant to be temporary and will require further adjustments over a period of 3-6 months, and will probably need replacing after 6 months. Due to the way that immediate dentures are made, they are often quite poorly retained and become less well fitting as the gums heal and shrink. A good denture fixative may help in retention but it is normal for the dentures to be relined to compensate for 'shrinkage' as the wound heals. This involves an impression of the fitting surface of the denture and leaving it with the Dentist for at least one full day. If you are liable to pay for Dental charges, then there will be a further charge for this procedure.

If you have any queries then contact your Dentist.